

2010 Camp Registration

Name _____

Street address _____

City _____ State _____ Zip _____

Home Phone _____

2010/11 Grade _____ Age _____

2010-11 school _____

T-shirt size (adult) SM MED LG XL

Parent's Name(s) _____

e-mail address _____

Lacrosse Camp - June 21-24

Cost: **\$75** Method of Payment Cash Check

Please make checks payable to:
St. Francis DeSales Camps

Mail completed application & fee to:
**Stallion Sports Camps
St. Francis DeSales High School
4212 Karl Road
Columbus, Ohio 43224**

Permission and Waiver

I hereby give consent for my son/daughter to attend the 2010 Summer Sports Camp(s).

By signing below, I understand that St. Francis DeSales High School, the Athletic Department, the Camp Director, and anyone connected with the Camp will assume no responsibility for accidents, or medical/dental expenses incurred as a result of attending any camp session.

Parent/Guardian signature _____

Emergency phone number _____

FOR OFFICE USE:

Session: _____ Payment: _____

Stallion Sports Camps
St. Francis DeSales High School
4212 Karl Road
Columbus, Ohio 43224

STALLIONS LACROSSE CAMP

For Boys Grades 4-8



2010 Session

Monday, June 21 – Thursday, June 24
5 – 8 PM (grades 4-6)
6 – 9 PM (grades 7-8)

**at St. Francis DeSales High School
Columbus, Ohio**

www.boys.stallionslax.com

Camp Information

The Stallions Lacrosse Camp will be held Monday, June 21 through Thursday, June 24.

Eligibility

The camp is open to boys grades 4-8. Grades refer to grade the student is entering in the fall of 2010.

Cost

\$75, due June 1st, 2010 or an additional \$10 will be assessed.

There will be no reimbursement for those who do not attend camps. Once an athlete registers and pays for a camp, that individual is obligated to the Lacrosse camp and will not receive reimbursement for any reason.

Location

All camp sessions will be held at St. Francis DeSales High School.

Schedule

Grades 4 - 6

June 21-24, 5-8 PM

Grades 7 & 8

June 21-24, 6-9 PM

Check-in: 4:30-6:00 Monday, June 21st

What to Bring

Bring water, your own stick, helmet and gloves. If you don't have equipment it will be provided during the camp.

Each camper must bring a mouth guard. No camper will be allowed to play without a mouth guard.

For more information call
614-206-3065

or e-mail
laxcamp@stallionslax.com

Camp Director



Matt Triplet

**St. Francis DeSales High School
Head Men's Lacrosse Coach**

Matt has been the Head coach at DeSales since 2005. Prior he was head defensive coordinator at Dublin Coffman High School.

A graduate of The Ohio State University, Matt played long stick midfield for the Buckeyes, winning a conference championship with a 10-3 record and a top 15 national ranking in 1999. This was the first championship since the mid-1980's and the 2nd best man-down defensive unit in the NCAA in goals against average.

After graduation, Matt has been playing with the Columbus Lacrosse Club, winning championship titles in 2001, 2002, 2005 and 2006. The team is currently undefeated the past three seasons, the last loss coming in 2004. Matt has also played internationally, playing for Team UK lacrosse, winning European championships in Amsterdam in 2003 and London in 2004.

Coach Triplet will be assisted by members of his coaching staff and present players to assure the highest level of instruction.



Camp Focus



Individual skill development

All campers will be individually coached so as to develop and enhance sound and lasting fundamentals in the areas of catching, throwing, and scooping.

Positional Instruction

Campers will be taught position and general team concepts.

Sportsman Competition

Daily competition between campers will enable all participants to develop elements of teamwork and good sportsmanship.

